

**Fat Rob's Tubes - Tubing the Frio River**  
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## **RULES and ADVICE**

**1. TENNIS SHOES, AQUA-SHOES, RIVER SANDALS** with Straps or other "secure footwear" are needed to protect your feet against sharp objects, cuts, scrapes, bruises and the rocky and often slippery river bottom while walking to and from the entry/exit points for tubing on the Frio River. If you forget your river shoes, numerous local vendors sell them, so no worries! NOTE: Flip Flops are not recommended for Frio River Tubing as they slip and slide easily when wet or muddy and offer very little protection for your feet... they also slip off your feet easily and float away before you can retrieve them ... leaving you with bare and unprotected feet!

**2. SUN BLOCK or SUN SCREEN** should be applied both BEFORE and DURING each float trip or any time you are in the sun for extended periods. It's a good idea to bring a white short sleeve T-shirt and put it on if you begin to sunburn (see 3a below). We also sell sun block if you forget yours.

**3. A CAP, HAT or VISOR and SUNGLASSES** will help shield your face, eyes and head from the rays of the hot Texas sun.

**3a. Wear Appropriate Clothing** - IMPORTANT: DO NOT wear clothing that will tangle and/or restrict your ability to swim, which could cause you to drown. DO NOT wear long pants, long sleeve shirts, scarves, coats, jackets, long dresses, Burkhas, Sari Dress Salwar Kameez, large, baggy, loose or heavy clothing of any type. Make sure your arms and legs have free movement at all times while you are tubing or when you are in the water.

**4. CHILDREN SHOULD** be at least five (5) years old or older and MUST be accompanied by an adult for tubing on the river (age limits may change with water conditions). Life jackets / vests are recommended for all children and all non swimmers and are provided "on request" at no charge with your tube rental. There are NO LIFE GUARDS ON DUTY, you will be on your own, use caution, think safety first! Parents & Guardians - you are responsible for your children... please watch your children at ALL times.

**IMPORTANT** ... Frio River tubing, swimming and river activities have both inherent and unknown risks and dangers. These include but are not limited to injury or loss of life. The Frio River has no life guards and you will be on your own, use caution, think safety first! You will be asked to sign a waiver and release of liability for yourself and anyone else in your group before tubing on the Frio River with Fat Rob's Tubes. Life jackets / vests are available for customers who request one (at no charge), please ask for a life jacket when you get your tube(s). It is highly recommended that you always go tubing with 2 or more people to keep an eye on each other and act as a "buddy system" incase help is needed.

**5. Tell Someone Where You Are Going!** VERY IMPORTANT!

**6. DRINK PLENTY OF WATER** while tubing on the Frio River to help prevent dehydration. River Sports has bottled water for sale if you forget yours!

**7. ALCOHOLIC BEVERAGES ARE OK** and legal on the Frio River. Anyone of "legal drinking age" can drink while they are River Tubing, however we ask that you PLAY IT SAFE and use your good judgment. Keep it SAFE and FUN for everyone! Drink Responsibly! If you get too drunk and out of control, you stand a good chance of getting arrested... again, use your good judgment, have a good time and keep it safe for everyone! Play it safe by having a designated sober driver. NOTE: NO Public consumption of ALCOHOL before 12 noon on Sundays, it's illegal... wait till 12:01 to start drinking in public on Sundays!

**8. GLASS CONTAINERS or STYROFOAM COOLERS are NOT ALLOWED** on the Frio River BY LAW and will be confiscated, with possible arrest(s) and fines up to \$500. Coolers & Ice chests may be checked for Glass and or Styrofoam at any random time or point on the river by Law Enforcement Officials.

**9. PARK ONLY** in designated areas, cars in undesignated areas may be towed at the owner's expense.

**10. DO NOT TAKE YOUR CAR KEYS**, house keys, or any other keys on the River... keys don't float... Locksmiths are expensive! We have a safe keep area for your keys. Always leave your keys with a River Sports attendant.

**11. DO NOT TAKE ANY VALUABLES ON THE RIVER** as most items sink and are never found! Again, always leave your keys with a River Sports attendant and place your cell phones, jewelry and other valuables in a safe place! Phones don't float and do not work very well, if at all, after they have been submerged under water. Many people have lost Wedding rings and other types of rings because fingers tend to shrink after being in the water for awhile, allowing ring(s) to slip off fingers into the river, never to be found again. We urge you to side with caution and do not wear any jewelry while tubing!

**12. ATTACH & SECURE PRESCRIPTION EYE GLASSES, EYEWEAR and SUNGLASSES** to your face, head or body while tubing. Anyone wearing glasses should have a headband, neckband or float bobber of some sort, preferably the floating type that attaches to each arm or stem of your glasses to prevent your eyeglasses from falling off your face and sinking into the river should you flip your tube over.

**13. People with Medical Conditions** should consult their Doctor before going tubing and subjecting themselves to lengthy exposures in the hot Texas Sun. Frio River Tubing is an Outdoor Activity that can be strenuous on certain individuals with Medical Conditions. Stay hydrated - drink plenty of water and follow your Doctor's orders! If you need to take your medications with you, be sure and pack them in a water proof or water tight container or a zip lock bag and then secure them in a safe place so you can take them at the proper intervals as prescribed by your Doctor. Before getting on the River, please inform your family members and/or friends about your medical condition so if something should happen to you, they will be ready to take charge and act quickly in case of an emergency!

**14. Rope Swings, Trees and Cliffs** line the banks of the Frio River on "PRIVATE PROPERTY" and cross the Frio River at various points. Many people see these interesting points and immediately want to jump, dive or swing into the River... and in their excitement, they fail to check below for shallow water, large underlying rocks or other hazards. Serious injuries and death have occurred because these individuals failed to exercise caution and check things out first. Please check all areas BELOW before diving or jumping into unfamiliar waters. Even after checking below, it is very difficult for the average individual

to determine "for certain", that the water below is deep enough to safely dive or jump into, or that objects are far enough away from the point of impact to clear them safely.... and it is nearly impossible for anyone who has been drinking alcohol to judge things in this situation. We recommend to our customers to bypass or avoid any of these high risk ventures for their own safety. We urge everyone to use their common sense in this matter and again, please do not Trespass on Private Properties, violators can be fined up to \$500. Thank You!

**15. DO NOT LITTER!** Dispose of all trash in litterbags. Dump all trash in designated receptacles. Help keep our rivers, parks and the state of Texas beautiful. "DON'T MESS WITH TEXAS!"